

Bay/Arenac Counties

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

Resources assembled by:

2023

Bay/Arenac
Counties
Community
Resource
Guide

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ABUSE & PROTECTIVE SERVICES

Community Resource	Phone	County
FOR EMERGENCY SERVICES CALL	911	Bay & Arenac
Adult & Children Protective Services	(855) 444-3911	Bay & Arenac
Bay Area Women's Center	(800) 834-2098	Bay
CAN Council	(989) 671-1345	Bay & Arenac
Common Ground Crisis Line	(800) 231-1127	Bay & Arenac
Equality Michigan	(313) 537-7000	Bay & Arenac
HAVEN Crisis Line	(877) 922-1274	Bay & Arenac
LGBT Hotline	(888) 243-7243	Bay & Arenac
Love Is Respect Hotline	(866) 331-9474	Bay & Arenac
Michigan Coalition to End Domestic & Sexual Violence	(517) 347-7000	Bay & Arenac
Narcotics Anonymous	(800) 230-4085	Bay & Arenac
National Domestic & Sexual Violence Helpline	(800) 799-7233	Bay & Arenac
National Human Trafficking Resource Center	(888) 373-7888	Bay & Arenac
RAINN (Rape & Incest National Network)	(800) 656-4673	Bay & Arenac
Safe Center Crisis Hotline 24/7	(877) 952-7283	Bay & Arenac

Stop It Now! Hotline	(888) 773-8368	Bay & Arenac
Suicide Hotline	9-8-8	Bay & Arenac
The Trevor Project (Youth LGBTQ Crisis & suicide hotline)	(866) 488-7386	Bay & Arenac
Third Level Crisis Line	(800) 442-7315	Bay & Arenac
Victim Connect (stalking hotline)	(855) 484-2846	Bay & Arenac

ADULT AGING SERVICES

Community Resource	Phone	County
McLaren Home Care	(866) 323-5974	Bay & Arenac
Alzheimer's Association and Helpline	(800) 272-3900	Bay & Arenac
Bay Arenac Behavioral Health	(989) 895-2300	Bay & Arenac
Bay County Health Department	(989) 895-4009	Bay
Central Michigan District Health Department	(989) 846-6541	Arenac
Crisis Services for the Elderly	(517) 483-7205	Arenac
HAP Senior Plus	(800) 868-3153	Bay & Arenac
Meals on Wheels-Sunrise Side Senior Services	(989) 653-2692	Arenac
Medicare	(800) 633-4227	Bay & Arenac
Medicare/Medicaid Assistance Program (MMAP)	(800) 803-7174	Bay & Arenac
Region 9: Northeast Michigan Community Service Agency	(989) 358-4661 (877) 345-1975	Arenac
Region VII Area Agency on Aging-Meal on Wheels	(989) 895-4100 (877) 229-9960	Bay
Social Security Administration	(800) 772-1213	Bay & Arenac
Visiting Angels Living Assistance Services	(800) 365-4189	Bay & Arenac

Assisted Living

Community Resource	Phone	County
Bay City Comfort Care	(989) 545-6000	Bay
Bayfield	(989) 272-4359	Bay

Brookdale Senior Living	(989) 318-7134	Bay
Carriage House Rehab & Health Center	(989) 684-2303	Bay
Eden Fields-Standish	(989) 713-3117	Arenac
From the Heart Assisted Living	(989) 778-1265	Bay
Medilodge of Sterling	(989) 654-2496	Arenac
Symphony Tri-Cities	(989) 667-9800	Bay
The Horizon Senior Living-Standish	(989) 246-1000	Arenac

DISABILITY & SPECIAL NEEDS

RESOURCES

Community Resource	Phone	County
Autism Society of MI	(800) 328-8476	Bay & Arenac
Bay Arenac ISD	(989) 686-4410	Bay & Arenac
Children Special Service Healthcare	(800) 359-3722	Bay & Arenac
Dept of Health & Human Services	(989) 846-5500	Bay & Arenac
Disability Network of MI www.dnmichigan.org/cil-directory	(800) 782-4160	Bay & Arenac
Disability Services Resource Ctr	(989) 895-5444	Bay & Arenac
Do-All, Inc.-Work Training and Employment Center	(989) 894-2851	Bay & Arenac
GiGi's Playhouse(Downs Syndrome Resources)	(847) 885-6149	Bay & Arenac
Masonic Children's Dyslexia Center-Email	BayCity@cdcinc.org	Bay & Arenac
Medicare/Medicaid Assistance Program	(800) 803-7174	Bay & Arenac
Michigan Alliance for Families	(800) 552-4821	Bay & Arenac
Michigan Commission for the Blind	(800) 292-4200	Bay & Arenac
Michigan Commission for the Deaf	(877) 499-6232	Bay & Arenac
Michigan Dept. of Education-Office of Special Education-Lansing, MI	(888) 320-8384	Bay & Arenac

Muscular Dystrophy Association	(800) 572-1717	Bay & Arenac
Paralyzed Veterans of America	(800) 424-8200	Bay & Arenac
Relay Center for Deaf/Hard of Hearing	7-1-1	Bay & Arenac
Social Security Administration	(800) 772-1213	Bay & Arenac
The ARC Arenac Area	(989) 280-6794	Arenac
The ARC of Bay County	(989) 893-1346	Bay
United Cerebral Palsy of Michigan	(800) 872-5827	Bay & Arenac
Vocational Rehabilitation Michigan Commission for the Deaf	(800) 605-6722	Bay & Arenac

EMERGENCY & DISASTER SERVICES

Community Resource	Phone	County
Ambulance, Fire and Police	911	Bay & Arenac
American Red Cross National	(800) 733-2767	Bay & Arenac
Bay Area Women's Center	(800) 834-2098 (989) 686-4551	Bay
Center for Disease Control and Prevention	(800) 232-4636	Bay & Arenac
Consumers Energy Emergency Line	(800) 477-5050	Bay & Arenac
Poison Control	(800) 222-1222	Bay & Arenac

FINANCIAL ASSISTANCE

Community Resource	Phone	County
MSHDA: Step Forward	(855) 646-7432	Bay & Arenac
Salvation Army of Bay City	(989) 686-4162	Bay & Arenac
Northeast Michigan Community Service Agency	(989) 358-4700	Arenac
United Way of Bay County	(989) 893-7508	Bay

Employment Assistance

Community Resource	Phone	County
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Bay Arenac ISD Career Center	(989) 686-4770	Bay
Good Samaritan Rescue Mission	(989) 893-5973	Bay & Arenac
Great Lakes Bay Michigan Works	(989) 667-0500 (989) 846-2111	Bay Arenac
Michigan Council of Rehabilitation Services	(877) 901-9181	Bay & Arenac
Michigan Indian Employment/Training Service	(231) 722-7769	Bay & Arenac
Michigan Veterans Affairs	(800) 642-4838	Bay & Arenac
Mid-Michigan Community Action Agency	(989) 894-9060	Bay & Arenac
Unemployment Office Hotline	(866) 500-0017	Bay & Arenac

Northeast Michigan Community Service Agency	(989) 358-4700	Arenac
Pinconning UMC-Food Bank Pinconning School District	(989) 879-3271	Bay
Region 9: Northeast Michigan Community Service Agency	(989) 358-4661 (877) 345-1975	Arenac
Region VII Area Agency on Aging-Meal on Wheels	(989) 895-4100 (877) 229-9960	Bay
Resurrection of the Lord-Food Pantry-Standish	(989) 846-9565	Arenac
Safe Harbor Kitchen	(989) 894-1189	Bay
Salvation Army Bay City Corps Community Center	(989) 893-3041	Bay
Tawas City Community Service Center	(989) 362-5661	Arenac
United Way	(989) 893-7508	Bay & Arenac
WIC	(800) 942-1636	Bay & Arenac

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Community Resource	Phone	County
American Red Cross	(800) 733-2767	Bay & Arenac
Arenac County Housing Commission	(989) 846-6651	Arenac
Au Gres Christian Charities-Food Bank	(989) 876-7925	Arenac
Bay Area Housing Commission	(989) 892-9581	Bay
Bay County Dept of Health & Human Services	(989) 895-2100	Bay
Bay County Health Department	(989) 895-4009	Bay
Dept of Health & Human Services	(989) 846-5500	Arenac
Food Bank Council of Michigan (Pantries) www.fbmich.org/resources/find-a-food-bank		Bay & Arenac
Good Samaritan Rescue Mission	(989) 893-5973	Bay & Arenac
Great Lakes Dream Center	(989) 270-7575	Bay & Arenac
Mid-Michigan Community Action Agency	(989) 894-9060	Bay & Arenac
Northeast Area of Michigan Salvation Army	(989) 358-2769	Bay & Arenac

HEALTHCARE SERVICES

Community Resource	Phone	County
Center for Disease Control & Prevention (CDC)	(800) 232-4636	Bay & Arenac
Children's Special Healthcare Services	(900) 359-3722	Bay & Arenac
Medicare	(800) 633-4227	Bay & Arenac
Medicare/Medicaid Assistance Program	(800) 803-7174	Bay & Arenac
Veterans Affairs	(800) 698-2311	Bay & Arenac

Clinics & Hospitals

Community Resource	Phone	County
McLaren Bay Region Hospital	(989) 894-3000	Bay & Arenac
Karmanos Bay Cancer Institute	(989) 667-2370 (800) 527-6266	Bay & Arenac
Ascension St. Joseph Hospital	(989) 362-3411	Bay & Arenac
Ascension Standish Hospital	(989) 846-4521	Bay & Arenac
Bay Arenac Behavioral Health	(989) 895-2300	Bay & Arenac

Bay County Health Department	(989) 895-4009	Bay
Central Michigan District Health Department	(989) 846-6541	Arenac
Great Lakes Bay Medical Center	(989) 671-2000	Bay & Arenac
Helen M. Nickless Volunteer Clinic – Essexville	(989) 895-4830	Bay & Arenac
McLaren Bay Region – Family Health & Wellness Center	(989) 895-4625	Bay & Arenac
McLaren Home Care	(866) 323-5974	Bay & Arenac
Michigan HIV/STD Hotline	(800) 872-2437	Bay & Arenac
Sterling Area Health Center	(989) 654-2491	Bay & Arenac

Dental Resources

Community Resource	Phone	County
Children’s Mobile Dental Program of Great Lakes Bay Health (Sept – June)	(989) 921-4393	Bay
Delta College Dental Clinic	(989) 686-9469	Bay & Arenac
Dental Lifeline Network (low income; severe problems only)	(303) 534-5360	Bay & Arenac
Great Lakes Bay Health Center Dental	(989) 922-5650	Bay & Arenac
Michigan Donated Dental Services Program	(517) 346-9454	Bay & Arenac
My Community Dental Center Bay County	(989) 402-0510	Bay & Arenac
Sterling Area Health Dental Center	(989) 873-5152	Bay & Arenac

Hearing Assistance

Community Resource	Phone	County
Bay Area Hearing	(989) 892-6232	Bay & Arenac
Bay County Health Department	(989) 895-2045	Bay
Central Michigan District Health Department	(989) 846-6541	Arenac
Central Michigan University Audiology Clinic	(989) 774-2875	Bay & Arenac
Relay Center for Deaf/Hard of Hearing	7-1-1	Bay & Arenac

Medical Equipment & Loan Closets

Community Resource	Phone	County
Adaptive Environments-Home Lifting Systems	(800) 355-5438	Bay & Arenac
ALS of Michigan	(800) 882-5764	Bay & Arenac
Disability Services Resource Center	(989) 895-5444	Bay
GiGi’s Playhouse	(847) 885-6149	Bay & Arenac
Hart Med Equipment-Essexville	(989) 316-7280	Bay
Michigan Assistive Technology Loan Fund	(800) 827-4843	Bay & Arenac
Michigan CPAP Bank, BiPAP, ASV, AVAPS and Supplies	(734) 232-3964	Bay & Arenac
Muscular Dystrophy Association	(800) 572-1717	Bay & Arenac
One-Drop Diabetes Support & Supplies (http://onedrop.today)	(800) 437-1474	Bay & Arenac
Paralyzed Veterans of America Michigan	(800) 424-8200	Bay & Arenac
Region 9: Northeast Michigan Community Service Agency	(989) 358-4661 (877) 345-1975	Arenac
Region VII Area Agency on Aging	(800) 858-1637	Bay
Sunrise Side Senior Services	(989) 653-5692	Arenac
United Cerebral Palsy Michigan	(800) 872-5827	Bay & Arenac
ZPAP Healthcare Supplies	(989) 439-1183	Bay & Arenac

Mental Health & Counseling Services

Community Resource	Phone	County
Alcoholics Anonymous Hotline	(313) 831-5550 (989) 894-1949	Bay & Arenac
AuSable Valley Community Mental Health-Tawas City	(989) 362-8636 (844) 865-5569	Bay & Arenac
Bay Area Women’s Center	(800) 834-2098	Bay
Bay Arenac Behavioral Health	(989) 895-2300 (800) 448-5498	Bay & Arenac
Bay Psychological Assoc	(989) 686-1990	Bay & Arenac
Boy’s Town National Hotline	(800) 448-3000	Bay & Arenac

Catholic Charities of Michigan	(800) 892-2504	Bay
Common Ground Crisis Line	(800) 231-1127	Bay & Arenac
Delta Psychological	(989) 895-0788	Bay & Arenac
Drug Rehab Bay City- Inpatient/Outpatient	(989) 272-4638	Bay & Arenac
Great Lakes Dream Center	(989) 270-7575	Bay & Arenac
List Psychological Services	(989) 684-7977	Bay & Arenac
Military One Source	(800) 342-9647	Bay & Arenac

<https://www.militaryonesource.mil>

Narcotics Anonymous 24/7	(800) 230-4085	Bay & Arenac
National Alliance on Mental Illness	(800) 950-6264	Bay & Arenac
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255	Bay & Arenac
National Domestic/ Sexual Violence Helpline	(800) 799-7233	Bay & Arenac
National Human Trafficking Resource Center	(888) 373-7888	Bay & Arenac
Problem Gambling Helpline	(800) 270-7117	Bay & Arenac
Rape & Incest National Network (RAINN)	(800) 656-4673	Bay & Arenac
Recovery Pathways for Drug & Alcohol Addiction	(989) 928-3566	Bay & Arenac
Sacred Heart Rehabilitation Services	(989) 894-2991	Bay & Arenac
Saginaw Psychological Services-N. Johnson Bay City	(989) 895-8666	Bay & Arenac
S. Euclid-Bay City	(989) 439-1513	
SAMHSA Hotline	(800) 662-4357	Bay & Arenac
Stop It Now! Hotline	(888) 773-8368	Bay & Arenac
Substance Abuse Hotline	(800) 662-4357	Bay & Arenac
Suicide Prevention Hotline	9-8-8	Bay & Arenac
Wellspring Lutheran Services	(989) 686-7650	Bay & Arenac

Walgreen – McLaren Bay Hospital	(989) 894-3744	Bay & Arenac
CVS Pharmacy-N. Euclid Ave	(989) 686-2807	Bay & Arenac
Kroger Pharmacy Bay City	(989) 686-3592	Bay & Arenac
Kroger Pharmacy Essexville	(989) 892-0313	Bay & Arenac
LifeSource Direct Rx Discount Card- Uninsured/ Underinsured	(866) 340-4748	Bay & Arenac
Meijer Pine Rd – Bay City	(989) 891-1510	Bay & Arenac
Meijer Wilder Rd – Bay City	(989) 667-9510	Bay & Arenac
Region VII Area Agency on Aging	(800) 858-1637	Bay
Rite Aid Lafayette St – Bay City	(989) 892-5300	Bay & Arenac
Rite Aid Midland St – Bay City	(989) 684-9370	Bay & Arenac
Rite Aid Wilder Rd – Bay City	(989) 686-5800	Bay & Arenac
Rite Aid Center Rd – Essexville	(989) 892-1565	Bay & Arenac
Rite Aid Main St – Standish	(989) 846-4508	Bay & Arenac
Walgreens Euclid Ave - Bay City	(989) 671-0468	Bay & Arenac
Walgreens Center Ave – Essexville	(989) 894-4832	Bay & Arenac
Wal-Mart- Bay City	(989) 684-1887	Bay & Arenac
GoodRX	www.goodrx.com	Bay & Arenac
MI-RX Discount Card	(866) 755-6479	Bay & Arenac
MMAP	(800) 803-7174	Bay & Arenac
Needy Meds	(800) 503-6897	Bay & Arenac
Partnership for Prescription Assistance	www.pparx.org	Bay & Arenac
Rx Assist	www.rxassist.org	Bay & Arenac
RX Outreach	(800) 769-3880	Bay & Arenac

Pharmacies & Prescription Assistance

Community Resource	Phone	County
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Rehabilitation

Community Resource	Phone	County
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McLaren Bay Region Center for Rehabilitation	(989) 667-6600	Bay & Arenac
Horizon Physical Therapy-Bay City Standish	(989) 460-0020 (989) 846-0937	Bay & Arenac
Paramount Rehabilitation Services Standish	(989) 402-5133 (989) 718-3181	Bay & Arenac
Riversbend Rehabilitation Center for the Brain Injured	(989) 671-0866	Bay & Arenac

Substance Abuse

Community Resource	Phone	County
Alcoholics Anonymous	(800) 356-9996	Bay & Arenac
Bay Arenac Behavioral Health	(989) 895-2300	Bay & Arenac
CDC Hotline	(800) 232-4636	Bay & Arenac
Narcotics Anonymous (NA) Hotline	(800) 230-4085	Bay & Arenac
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255	Bay & Arenac
Substance Abuse Hotline	(800) 662-4357	Bay & Arenac

Urgent Care

Community Resource	Phone	County
McLaren Bay Region Occupational Health & Convenient Care	(989) 393-2850	Bay
Ascension St. Joseph Hospital Huron Shores Walk-in Clinic-Tawas City Au Gres Standish	(989) 362-6426 (989) 876-7104 (989) 654-2491	Arenac
Covenant MedExpress – Bay City	(989) 671-5700	Bay
MyMichigan EZCare Bay	(989) 509-3330	Bay
North Pine Urgent and Family Care	(989) 778-1899	Bay
Sterling Area Health Center-Walk-in Clinic	(989) 654-2491	Arenac

Vision Assistance

Community Resource	Phone	County
Bay County Health Department	(989) 895-2045	Bay
Central Michigan District Health Department	(989) 846-6541	Arenac

Michigan Commission for the Blind	(800) 292-4200	Bay & Arenac
National Eye Institute	(301) 496-5248	Bay & Arenac

HOUSING ASSISTANCE

Community Resource	Phone	County
American Red Cross	(800) 733-2767	Bay & Arenac
Region 9: Northeast Michigan Community Service Agency	(989) 358-4661 (877) 345-1975	Arenac
Heat and Warmth Fund	(800) 866-8429	Bay & Arenac
HUD Rental Assistance	(800) 569-4287	Bay & Arenac
MSHDA: Step Forward	(855) 646-7432	Bay & Arenac
Mid-Michigan Community Action	(989) 894-9060	Bay
USDA Rural Development	(517) 324-5190	Bay & Arenac

Emergency Shelters & Warming Centers

Community Resource	Phone	County
Good Samaritan Rescue Mission	(989) 893-5973	Bay
Bay Area Women's Center-Shelter for Victims of Domestic Violence	(989) 686-4551 (800) 834-2098	Bay & Arenac
Mid-Michigan Community Action Agency	(989) 894-9060	Bay & Arenac

LEGAL ASSISTANCE

Community Resource	Phone	County
Center for Civil Justice	(800) 724-7441	Bay & Arenac
Legal Services of Eastern Michigan	(800) 322-4512	Bay & Arenac
Michigan Department of Civil Rights	(517) 353-3165	Bay & Arenac
Michigan Indian Legal Services	(231) 941-0122	Bay & Arenac
Michigan Senior Legal Hotline	(866) 400-9164	Bay & Arenac
Military One Source	(800) 342-9647	Bay & Arenac

<https://www.militaryonesource.mil>

Social Security Administration	(800) 772-1213	Bay & Arenac
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Women's Health Resource Line	(800) 994-9662	Bay & Arenac
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LIBRARIES

Community Resource	Phone	County
Alice & Jack Wirt Public Library	(989) 893-9566	Bay
Auburn Area Public Library	(989) 662-2381	Bay
AuGRES Community Library	(989) 876-8818	Arenac
Omer Little Eagles Nest Library	(989) 653-2230	Arenac
Pinconning Branch Library	(989) 879-3283	Bay
Sage Branch Library	(989) 892-8555	Bay
Standish Library	(989) 846-6611	Arenac

SUPPORT GROUP

Community Resource	Phone	County
Bay County, MI AA Hotline	(989) 894-1949	Bay
ALS of Michigan	(800) 882-5764	Bay & Arenac
Alzheimer's Association 24/7 Helpline	(800) 272-3900	Bay & Arenac
Region VII Area on Aging-Parkinson's Support Group	(989) 893-1503	Bay
Autism Society of Michigan	(800) 328-8476	Bay & Arenac
Bay Area Women's Center	(800) 834-2098	Bay
Common Ground Crisis Line	(800) 231-1127	Bay & Arenac
Compassionate Friends-Parent's Grief Group	(877) 969-0010	Bay & Arenac
Disability Network of MI	(800) 782-4160	Bay & Arenac
Epilepsy Foundation of Michigan	(800) 377-6226	Bay & Arenac
Equality Michigan	(313) 537-7000	Bay & Arenac
Haven Crisis Line	(877) 922-1274	Bay & Arenac
LGBT Hotline	(888) 243-7243	Bay & Arenac
Life Clinic	(989) 922-5433	Bay
Love is Respect Hotline	(866) 331-9474	Bay & Arenac
Narcotics Anonymous	(800) 230-4085	Bay & Arenac
Narcotics Anonymous 24/7	(800) 230-4085	Bay & Arenac
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255	Bay & Arenac
National Domestic & Sexual Violence Helpline	(800) 799-7233	Bay & Arenac
National Human Trafficking Resource Center	(888) 373-7888	Bay & Arenac
Parkinson's Bay City	(800) 582-9781 (989) 893-1503	Bay & Arenac
Peer 360 Recovery Alliance	(989) 894-9060	Bay & Arenac
Problem Gambling Helpline	(800) 270-7117	Bay & Arenac

PARENTING/PREGNANCY RESOURCES

Community Resource	Phone	County
24-Hour Crisis Line	(800) 275-1995	Bay & Arenac
Bay Arenac Behavioral Health	(989) 895-2300	Bay & Arenac
CAN Council	(989) 671-1345	Bay & Arenac
Child Safety Seat Inspection	(866) SeatCheck	Bay & Arenac
Children's Special Healthcare Services	(800) 359-3722	Bay & Arenac
LA LECHE	(800) 525-3243	Bay & Arenac
Life Choices Resource Center	(989) 345-3909	Arenac(989)
Michigan Alliance for Families	(800) 552-4821	Bay & Arenac
Military One Source	(800) 342-9647	Bay & Arenac
https://www.militaryonesource.mil		
WIC	(800) 942-1636	Bay & Arenac
Region 9: Northeast Michigan Community Service Agency	(989) 358-4661 (877) 345-1975	Arenac
Salvation Army Bay City Corps Community Center-Baby Pantry	(989) 893-3041	Bay

Rape & Incest National Network (RAINN)	(800) 656-4673	Bay & Arenac
Stop It Now! Hotline	(888) 773-8368	Bay & Arenac
Substance Abuse Hotline	(800) 662-4357	Bay & Arenac
Suicide Prevention Hotline	9-8-8	Bay & Arenac
WIC	(800) 942-1636	Bay & Arenac
Women's Health Resource Line	(800) 994-9662	Bay & Arenac

TRANSPORTATION

Community Resource	Phone	County
American Cancer Society Road to Recovery	(800) 227-2345	Bay & Arenac
Arenac Public Transit Authority	(989) 846-7500	Bay & Arenac
Bay County Veterans Affairs	(989) 525-5164	Bay & Arenac
Bay Metro Dart (Dial-a-Ride)	(888) 237-6635 (989) 894-0631	Bay
Child Safety Seat Inspection	(866) Seat-Check	Bay & Arenac
Holt Transportation – Services all of MI	(989) 860-1004	Bay & Arenac
Karmanos Cancer Institute	(800) 527-6266	Bay & Arenac

TRIBAL SERVICES

Community Resource	Phone	County
MDHHS Native American Affairs	(517) 335-7782	Bay & Arenac
Michigan Department of Civil Rights	(517) 335-3165	Bay & Arenac
Michigan Indian Employment and Training Service	(800) 591-8820	Bay & Arenac
Michigan Indian Legal Services	(231) 947-0122	Bay & Arenac
Michigan Indian Legal Services	(231) 947-0122	Bay & Arenac
Michigan Indian Tuition Waiver	(517) 241-7748	Bay & Arenac
Saginaw Chippewa Indian Tribe	(989) 775-4000	Bay & Arenac
U.S. Office of Indian Education	(202) 260-3774	Bay & Arenac

VETERANS AFFAIRS

Community Resource	Phone	County
Bay County Veterans Affairs	(989) 895-4108	Bay & Arenac
CHAMPVA	(800) 733-8387	Bay & Arenac
CHAMPVA Meds by Mail	(800) 385-0235	Bay & Arenac
Disabled American Veterans	(877) 426-2838	Bay & Arenac
Michigan Veterans Affairs	(800) 642-4838	Bay & Arenac
Michigan Veterans Trust Fund	(517) 284-5295	Bay & Arenac
Mid-Michigan Community Action	(877) 213-5955	Bay & Arenac
Military One Source	(800) 342-9647	Bay & Arenac

<https://www.militaryonesource.mil>

Paralyzed Veterans of America	(800) 424-8200	Bay & Arenac
Region VII Area on Aging-Caregiver Support Program	(855) 260-3274	Bay
Veteran Affairs	(844) 698-2311	Bay & Arenac
Veterans Administration	(800) 827-1000	Bay & Arenac
Veterans Crisis Line	(888) 273-8255	Bay & Arenac

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.